

Our termly package of extracurricular opportunities, Poltair+, gives students the chance to participate in activities, acquire new skills, and enhance their existing ones outside of the classroom.

At Poltair, we strongly believe that participating in Poltair+ is an essential part of a student's education. We encourage all students to join in, as we feel it helps to cultivate a well-rounded individual and builds their confidence and character. We want our students to be able to leave us at the end of Year 11 as fully developed young adults.

**Mr Marshall**Poltair+ Lead





## Poltair+ In Numbers

Statistics from 2023-2024

OVER 16,500
Sessions attended

OVER 75

Clubs and activities on offer

OVER 250

Fixtures and/or events



## Poltair+

## Spring Term 2025



Tuesday	Wednesday	Thursday	Friday
Homework Club	Homework Club	Homework Club	Homework Club
Robotics Club KS3 - Week A	Warhammer Club	KS4 GCSE Art Club	History Club
Robotics Club KS4 - Week B	KS3 Art Club	Cafe Inc Plus (Invite Only)	The Howlers
Poltair to Peru	A Night at the Musicals Rehearsals (Invite Only)		KS4 GCSE Art Club
STEM Club	Puzzle Club		A Night at the Musicals Rehearsals (Invite Only)
Public Speaking			

Sport Clubs are on the next page



### Spring Term 2025

Tuesday	Wednesday	Thursday	Friday
Year 7 & 9 Girls Football	Core Fixture Night	Year 8 & 10 Girls Football	Triple T
Year 7 & 9 Boys Football	Cornwall School Games Club	Year 8 & 10 Boys Football	Handball Club
KS3 & KS4 Basketball		Year 7 & 9 Fitness Club	Squad Netball (Invite Only)
Year 8 & 10 Fitness Club		Indoor Athletics Club	Squad Rugby (Invite Only)
Dance Club			Year 11 Boys & Girls Football

## Enhancement Bus Routes

Late buses run on all four days to the below locations and leave Poltair at 4.25pm:

#### **Enhancement Bus 1**

#### **Enhancement Bus 2**

#### **Enhancement Bus 3**

Penwithick

Bugle

Stenalees

Roche

Whitemoor

Nanpean

Foxhole

Bilberry Turn & Lanivet Roundabout (if requested)

Sun Valley Holiday Park

Pentewan Holiday Park

Mevagissey Bus Stop

Trethurgy

Carne Cottage

Rosemellyn

Luxulyan

Four Lords

Top of Middleway

Middleway Co-Op





## **Homework Club**

Day(s):	Tuesday, Wednesday, Thursday & Friday
Year(s)	7, 8, 9, 10 & 11
Location:	ARC

Join our Homework Club for a supportive and focused environment where you can get the help you need to succeed! Whether you need assistance with a specific subject, a quiet space to study, or just want to stay on top of your assignments, Homework Club is the perfect place to boost your confidence and academic performance.





## **Robotics Club**

Day(s):	Tuesdays
Year(s)	7, 8 & 9 - Week A 10 & 11 - Week B
Location:	CLC11

Come along and build working Robots! Learn how they work and how to control them by engaging in fun and exciting challenges.





## **Poltair to Peru**

Day(s):	Tuesdays
Year(s)	10
Location:	E1

It's time to delve deeper into Latin American Spanish, as well as the geography and culture of Peru.





## STEM Club

Day(s):	Tuesdays
Year(s)	7, 8 & 9
Location:	S2

At STEM Club you will complete a range of exciting and oneof-a-kind science related experiments you don't get to do in lessons. You will compete against peers to create the best animal traps, hunt for treasure throughout the school grounds, dissect different organisms, purify water and even create your own toothpaste from coconuts!





## **Public Speaking**

Day(s):	Tuesdays
Year(s)	7, 8, 9 & 10
Location:	S10

Learn to speak confidently in front of your peers and even an audience. Take part in confidence boosting activities and practice writing speeches and debating topics you feel strongly about. We are also taking part in the Rotary Club Debating Competition!





## Warhammer Club

Day(s):	Wednesdays
Year(s)	7, 8, 9 & 10
Location:	H3

A fun place to come build and paint Warhammer.





## KS3 Art Club

Day(s):	Wednesdays
Year(s)	7, 8 & 9
Location:	CLC4

Whether you're a budding artist or simply curious about exploring your creative side, the club provides a supportive environment where you can express yourself freely.





# A Night at the Musicals Rehearsals

Day(s):	Wednesdays & Fridays
Year(s)	Invite Only
Location:	Old Drama Studio

This exclusive rehearsal is for selected performers taking part in A Night at the Musicals. It's a chance to fine tune your performance, work closely with the team and bring the magic of the showcase to life. Make sure you're ready to shine!





### **Puzzle Club**

Day(s):	Wednesdays
Year(s)	7, 8 & 9
Location:	CLC3

Dive into a world of intriguing challenges that will stretch your mind and spark your imagination. Whether you're a beginner or a seasoned puzzle enthusiast, there's something for everyone.





## KS4 GCSE Art Club

Day(s):	Thursdays & Fridays
Year(s)	10 & 11
Location:	CLC4

For those taking GCSE Art, join us where you can explore new techniques, gain inspiration from your peers, and receive guidance.





## Cafe Inc Plus

Day(s):	Thursdays	
Year(s)	Invite Only	
Location:	CLC9 & CLC10	

Cafe Inc is for where students can access support for social/life skills, specifically through baking activities.





## **History Club**

Day(s):	Fridays	
Year(s)	7, 8, 9 & 10	
Location:	H3	

Join us to explore fascinating stories, connect with likeminded individuals and delve deeper into the past. From ancient civilizations to modern milestones, there's always something new to discover at History Club.





## **The Howlers**

Day(s):	Fridays	
Year(s)	7, 8, 9, 10 & 11	
Location:	CLC1	

The Howlers is Poltair School's dynamic vocal group, where passion for singing meets the power of performance. Open to all students that want the perfect opportunity to develop their voice, make new friends and shine on stage!





## Football

Day(s):	Tuesdays	
Year 7 &	9 Girls	Miss Turk & Miss Waters
Year 7 &	9 Boys	Mr Bate, Mr Pyle & Mr Nettle

Get ready for an exciting season of high-energy action with our school football team! With a mix of seasoned players and new talent, the team is determined to give it their all. Our players display teamwork, dedication, and passion, striving to represent our school with character and confidence.





## Basketball

Day(s):	Tuesdays	
Years 7,	8, 9, 10 & 11	Mr Vincent & Saracens Basketball

Step onto the court and experience the excitement of our school NBA basketball team! With a dynamic mix of skilled players, our team is ready to bring intensity, teamwork, and determination to every game. From fast breaks to last-second shots, they are committed to playing with heart and representing our school with pride.





## Fitness Club

Day(s):	Tuesdays	
Years 8 8	<b>₹ 10</b>	Mr Goldsmith

Join our school fitness program and take your health and wellness to the next level! Whether you're looking to build strength, improve endurance, or simply stay active, our fitness program offers something for everyone. With a variety of workouts and activities designed to challenge and inspire, you'll develop new skills, boost your confidence, and feel stronger every day. Let's get moving and make fitness fun — together!





## **Dance Club**

Day(s):TuesdaysYears 7, 8, 9, 10 & 11Miss Whitbourn

Step into the rhythm with our school dance club! Whether you're a beginner or an experienced dancer, our program offers a creative space to express yourself, improve your skills, and have fun. From hip-hop to ballet, we provide a variety of styles that encourage teamwork, discipline, and artistic growth. Join us on the dance floor and be part of a community that moves together with passion and energy!





## **Core Fixture Night**

Day(s):

Wednesdays

Get ready for Core Fixture Night, where the majority of our core sports teams will be competing against other schools in exciting and action-packed matches! This is your chance to represent Team Poltair and show your school spirit, determination, and talent.





# Cornwall School Games Club

Day(s):WednesdaysYears 7, 8, 9, 10 & 11Mr Nettle & Miss Whitbourn

In build up to the Cornwall School Games events and competitions, you are invited to hone your skills in preparation for this amazing opportunity in multiple sports.





## Football

Day(s):	Thursdays	
Year 8 &	10 Girls	Miss Whitbourn & Miss Mounce
Year 8 &	10 Boys	Mr Nettle & Mr Goldsmith

Get ready for an exciting season of high-energy action with our school football team! With a mix of seasoned players and new talent, the team is determined to give it their all. Our players display teamwork, dedication, and passion, striving to represent our school with character and confidence.





## Fitness Club

Day(s):	Thursdays	
Years 7 8	<b>§</b> 9	Mr Bate

Join our school fitness program and take your health and wellness to the next level! Whether you're looking to build strength, improve endurance, or simply stay active, our fitness program offers something for everyone. With a variety of workouts and activities designed to challenge and inspire, you'll develop new skills, boost your confidence, and feel stronger every day. Let's get moving and make fitness fun — together!





## Indoor Athletics Club

Day(s):	Thursdays	
Years 7, 8, 9, 10 & 11		Mr Pyle & Miss Turk

Get ready to challenge yourself with our school's indoor athletics program! Whether it's track, field events, or fitness challenges, our pupils are pushing their limits and striving for excellence. With a focus on strength, speed, and endurance, our indoor athletics provide the perfect environment for personal growth and team spirit. Join us to develop your skills, stay active, and compete with pride in a supportive and energising atmosphere.





## **Triple T**

Day(s):FridaysYears 7, 8, 9, 10 & 11Mrs Murray-Adams

Join our Triple T Club and get ready for fun, competition and teamwork! Whether you're a fan of volleyball, badminton, or tennis, our club is the perfect place to improve your skills, make new friends, and enjoy the thrill of net-based sports. With a focus on friendly competition and sportsmanship, the club offers a supportive environment for players of all levels. Come be a part of the action and discover the excitement of net games!





## Handball Club

Day(s):FridaysYears 7, 8, 9, 10 & 11Mrs Murray-Adams

Dive into the action of handball club where we focus on skill development, strategic gameplay and working as a team. New this year, Poltair are not only offering handball as a club, but offer the opportunity to put your practice into game play against other schools too.





## **Squad Netball**

Day(s):	Fridays	
Invite Or	าไy	Miss Whitbourn

Become the talk of Poltair School with the Netball team. With high levels of training on offer to greatly improve performance.

This is an invite only club.





## **Squad Rugby**

Day(s):	Fridays	
Invite Or	าly	Mr Goldsmith

Take your game to the next level! Our training sessions are designed to build strength, improve skills, and foster teamwork, all while developing a deep love for the game. Get ready for intense training, exciting drills, and the chance to be part of a dedicated squad that plays with heart and pride! This is an invite only club.





## Year 11 Football

Day(s):	Fridays	
Year 11	Girls	Miss Turk
Year 11 Boys		Mr Nettle

Get ready for an exciting season of high-energy action with our school football team! With a mix of seasoned players and new talent, the team is determined to give it their all. Our players display teamwork, dedication, and passion, striving to represent our school with character and confidence.



