

### Distance Learning

We are continuing with distance learning for Years 7, 8 & 9 as we regrettably won't be able to welcome these Year groups back to the classroom until September. A letter containing more information was sent out earlier this week, you can view a copy [HERE](#).

You will shortly receive a pack of paper resources, designed to ensure all learners can carry on studying, whatever their circumstances. Please do keep encouraging your children to work hard, all of this learning will be so useful when they are back with us.

We are continuing to showcase some of the fantastic work students are completing on our website, click [HERE](#) to view our "Wonder Wall". Please do share with use good news stories and/or creative learning that your children are doing at home, so we can celebrate this with them.

### Year 10 In-School Masterclasses

Starting from Monday 22<sup>nd</sup> June, we will be inviting our Year 10 students into school for live masterclasses in English, Maths, Science and Humanities.

The aim of these masterclasses is to supplement the remote-learning resources, they will also be an opportunity for students to ask questions to their subject teachers.

Students will need to be formally booked in to access these masterclasses. A letter was emailed out earlier this week which contains the full details and a link to the booking system.

[CLICK HERE](#) to view a copy of the letter



Follow us on Facebook to keep up-to-date with all the latest news & information:

[www.facebook.com/poltair.school](http://www.facebook.com/poltair.school)

### Mental Health & Well-Being

#### JOYFUL JUNE (EVEN IN DIFFICULT TIMES) 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 Decide to look for what's good, even on the difficult days	2 Re-frame a worry and try to find a positive way to respond	3 Think of 3 things you're grateful for and write them down	4 Show your appreciation to those who are helping others	5 Smile and be friendly, even while you're social distancing	6 Notice the upsides during the lockdown, however small	7 Find a joyful way of being physically active (indoors or out)
8 Write a letter to thank someone for what they did	9 Find the joy in music today: sing, play, dance or listen	10 Take a photo of something that brings you joy and share it	11 Say positive things in your conversations with others today	12 Make a plan with friends to do something fun together	13 Appreciate the joy of nature and the beauty in the world around	14 Do three things to bring joy to other people today
15 Rediscover a fun childhood activity that you can enjoy today	16 Ask a loved one what they feel grateful for at the moment	17 Be kind to you. Treat yourself the way you would treat a friend	18 Send a positive note to a friend who needs encouragement	19 Create a list of favourite memories you feel grateful for	20 Make time to do something playful today, just for the fun of it	21 Enjoy trying a new recipe or cooking your favourite food
22 Share a happy memory with someone who means a lot to you	23 Look for something to be thankful for where you least expect it	24 Thank a friend for the joy they bring into your life	25 Eat food that makes you feel good and really savour it	26 See the upside in a difficult situation you learnt from	27 Watch something funny and enjoy how it feels to laugh	28 Create a playlist of your favourite songs and enjoy them
29 Take time to do something that makes you happy today	30 Make a list of the joys in your life (and keep adding to them)	"Every day may not be good, but there is something good in every day" ~ Alice Morse Earle				

ACTION FOR HAPPINESS



[www.actionforhappiness.org](http://www.actionforhappiness.org)

Keep Calm · Stay Wise · Be Kind

30 actions to look after ourselves and each other as we face this global crisis together

### Action for Happiness

Here is another nice and simple piece of work from the 'Action for Happiness' team that provides a focus for all of us as June continues!

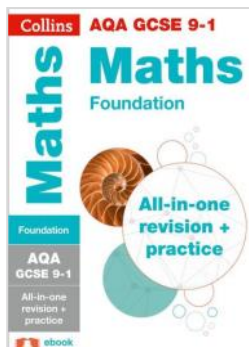
Their 'Joyful June' calendar suggests daily actions that encourage us to look for what's good, even in difficult times

Try to do one simple thing each day to help time pass a little easier. Having a different focus each day, however small, can help to improve our mental health.

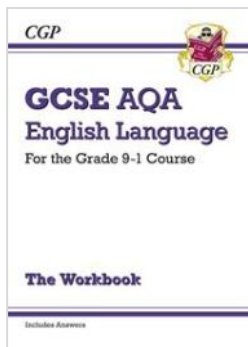
[www.actionforhappiness.org](http://www.actionforhappiness.org)

# Revision Guides

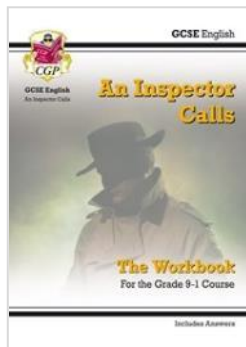
Here are the essential revision guides for the Year 10 GCSE Courses



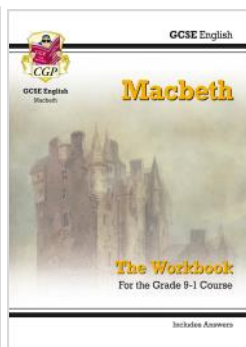
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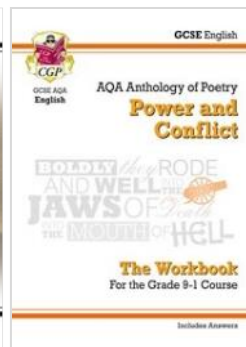
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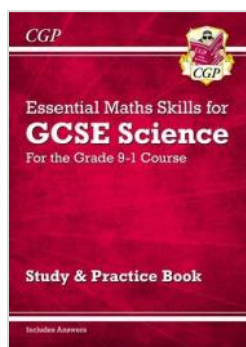
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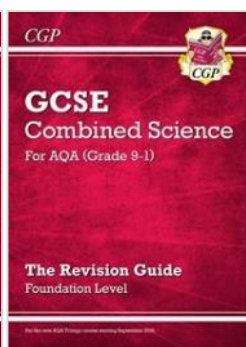
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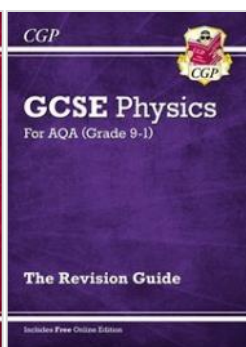
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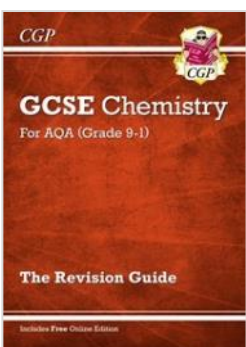
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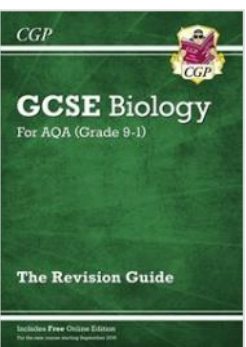
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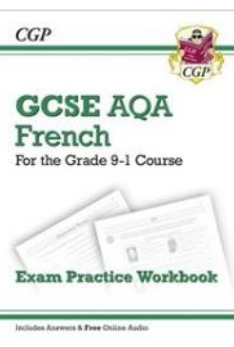
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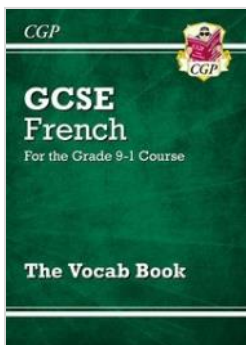
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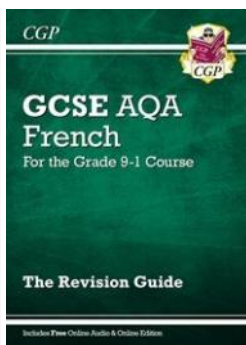
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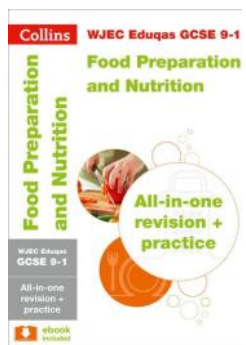
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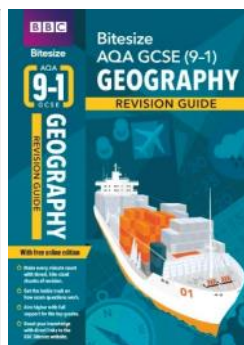
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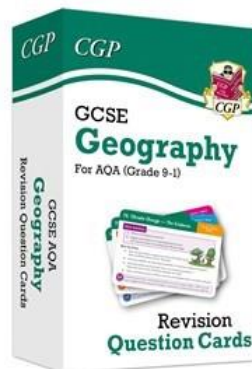
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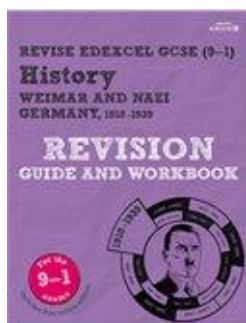
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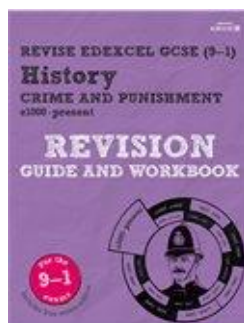
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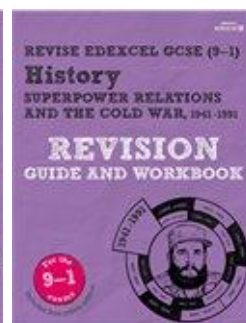
£2.70



£2.70



£2.70



£2.70

All of these can be purchased via the School Gateway





## Poltair School Reading Programme

Reading for pleasure can make a huge difference in terms of both educational performance and maintaining positive well-being. Therefore, we are encouraging students to read for **at least half an hour a day**.

Each week, they have a selected number of pages/chapters to read from their allocated book plus a recommended non-fiction article from [www.theday.co.uk](http://www.theday.co.uk). Students are then asked to complete a survey to evaluate their impressions of the book so far.

### Year 7

Year 7 have been asked to read *The Jungle Book* during the summer term.

This week's "Star Readers" are:

*Jasmin Rapson & Kingsley McNerney*

We would also like to congratulate Ryan Elliot, Caylin Pawsey, Jax Wateridge, Ella Thomas, Jake White, Kelsey Rickard, Mackenzie Blouet, William Green and Daniel Taylor for gaining 100% in this week's Google Forms quiz!

Kingsley, when asked about the character of the Monkeys, said, "They are interesting and they only fight when its 100 to 1 which means they're not very strong by themselves."

### Year 8

Year 8 have been asked to read *Treasure Island* during the summer term.

This week's "Star Readers" are:

*Leland Bertrand & Jake Prichard*

We would also like to congratulate Hannah Gay, Ryan Parsons and Nathan Hadley for gaining 100% in this week's Google Forms quiz!

On when is the best time for the pirates to strike, Nathan Hadley said, "On the island, where they can hide, attack, and flee better."

### Year 9

Year 9 have been asked to read *The War of the Worlds* during the summer term.

This week's "Star Readers" are:

*Adrian Copp & Lily Jose*

We would also like to congratulate Evie Byrne, Stanley Stephens, Kacey Hamilton, George McIntyre, Breanna Obi, Bethan Winn and Sara Burgess for gaining 100% in the this week's Google Forms quiz!

Evie Byrne described the aliens as, "Destructive and mechanical."

### Year 10

Year 10 have been asked to read *Animal Farm* during the summer term.

This week's "Star Readers" are:

*Aaron Wingrave & Tallan Lewsey*

We would also like to congratulate Madison Tregonning, Bronwen Craddock, Tyler Abbott, Lauranne Rowe and Emilie Hamilton for gaining 100% in the Google Forms quiz!

On what may happen next, Erin Hunt said, "The pigs begin to dictate life on the farm, initially writing the Seven Commandments and then later changing them so that they are in charge of the other animals."

An extract of each book is read by a teacher and uploaded to Microsoft Streams each week. All instructions are uploaded onto Class Charts each day and cover instructions for the week's reading tasks.

### Cornwall Council Library Services

Cornwall Council Library Services offers a range of opportunities for online reading:

[CLICK HERE](#) to visit the Library website where you can sign up for access to E-Books, E-Audiobooks, E – Newspapers and Magazines, E – Comics and online language learning



# Home Learner of the Week



Congratulations to the following students who have been nominated by their subject teachers as “Home Learner of the Week”...

*English*  
**Bronwen Craddock**

*Maths*  
**Rosie Daly**

*Science*  
**Alicia Clarke**

*History*  
**Olivia Coram**

*Geography*  
**Callum Lyon**

*PE*  
**Kayla Terry**

*French*  
**Ebony Skelton**

*Spanish*  
**Rosie Daly**

*Computing*  
**Jaymi Webb**

*Health & Social Care*  
**Lucy Roffe**

*Art*  
**Lauranne Rowe**

*Photography*  
**Melissa McFarlane**

*Dance*  
**Freya Hicks**

*Performing Arts*  
**Kasey Harding**

*Food*  
**Harley Oliver**

*Media*  
**George McIntyre**

*Travel & Tourism*  
**Chloe Gage**

*Believe & Achieve*



## Drowning Prevention Week 2020

Friday 12th June - Friday 19th June

The campaign is run by the Royal Life Saving Society UK.

Their website is full of useful information and resources, including suggestions of how you can get involved and help keep yourselves, and others, safe in the water.

Visit [www.rlss.org](http://www.rlss.org) to find out more.



## Round 1 - Auditions

There are just a few days left to submit your entries.

Do you have what it takes to be crowned Poltair's Got Talent winner, 2020?

Video your act and send it to Miss Johnston by Monday 15th June: [djohnston@poltair.cornwall.sch.uk](mailto:djohnston@poltair.cornwall.sch.uk)

or send it as a private message to the Poltair School Facebook page.



## Virtual Inter-School Competition

We have teamed up with Penryn College to see if we can collectively travel the distance from **Truro to the Tokyo Olympic Stadium!** Our aim is to get there in time for the opening ceremony which would have been on 24th July.

**So far, we have clocked up an impressive 2097.9 miles...just another 4014.1 to go!**

You can clock miles towards the challenge by walking, running or cycling, check out ClassCharts or your emails for more information.

