



*believe & achieve*

Headteacher: Stephen Tong

January 2019

Dear Parent/Carer

**Identifying and supporting Young Carers at Poltair School**

At Poltair School we are aware that some of our pupils are young carers. A young carer is someone under 18 who is caring unpaid for a family member or friend who is ill, frail, disabled or has mental health or addiction problems. They often take on practical and/or emotional caring responsibilities that would normally be expected of an adult. Research suggests there are at least 700,000 young carers in the UK, but many do not realise they are a young carer.

We know that young carers may need a little extra support to enjoy and do well at school. At Poltair School we are committed to ensuring that all pupils who are young carers are identified and supported effectively.

If you think your child might be a young carer or could be affected by any of the issues we've highlighted, please let me know by filling in the form below and bringing it into school in a sealed envelope addressed to me. If you do not feel comfortable doing this, or have any further questions, please contact me on 01726 874520 to speak to me or you can email me on rstoneman@poltair.cornwall.sch.uk

Any information that is given to us will be treated sensitively and no information will be shared without your knowledge.

**Pupil Premium and Free School Meals**

It is important to be aware that the school receives extra "Pupil Premium" funding for each child/young person eligible for free school meals, which can be put towards extra support and provision for young carers. It is therefore important that if you believe your child is eligible for free school meals/pupil premium funding then you should apply online via the link below (it includes details on the criteria for eligibility):

<https://www.cornwall.gov.uk/education-and-learning/schools-and-colleges/school-meals/>

Yours sincerely

Rebecca Stoneman  
Family Support Worker and Young Carers Operational Lead





## Reply Slip

**Student's name:** .....

**Tutor Group:**.....

Does the pupil have parents or other family members who have a long-term illness or disability, or who are affected by mental ill-health or substance misuse?

**Yes** .....

**No** .....

If you wish, you can give further details here: (not required)

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Would you like more information about the types of support the school provides to young carers?

**Yes** .....

**No** .....

Please provide a name and telephone number or email address so that we can contact you.

**Name:** .....

**Telephone/email address:**

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