



Cardiac Risk in the Young
Registered Charity: 1050845

Every week in the UK at least 12 apparently **fit and healthy young people** die of undiagnosed heart conditions

Free heart test

For anyone aged 14 - 35

To book visit www.testmyheart.org.uk or call CRY on 0203 691 0000

Date:

6th & 7th November 2018

Password: AUS2018

Location:

St Austell College
John Keay House
Tregonissey Road
Saint Austell
Cornwall
PL25 4DJ

Every young person **should** have the **choice** to have their **heart** checked



These screenings have been funded in memory of

Debbie Rendle

Thomas Demaine

Offering **help** and **support** to affected families

@CRY_UK
 CardiacRiskintheYoung
www.cry.org.uk

Calendar Dates



18th October

Curriculum Enrichment Day

22nd - 26th October

Half Term

3rd November

WW1 London Art Trip

8th November

Poltair Remembers (7pm)



COURSES & CAREERS ADVICE EVENT
TUE 16 OCT
5PM - 7.30PM

CAMBORNE, NEWQUAY, ST AUSTELL AND SALTASH CAMPUSES

WATERSPORTS INSTRUCTOR DIPLOMA - Level 2 and 3

Apply now for September 2019!



Year 11 Taster Day
Sat 13th October
10am-3pm

£5
includes 2 sessions and lunch
Book your place - 01209 860301

Poltair Remembers



Thursday 8th November

7pm - 9pm

We invite you to join us as we commemorate the Centenary of the Armistice through an evening of History, Music, Dance and Drama...





Crowdfunding Campaign

Did you know that each year between 80,000 and 120,000 people suffer a cardiac arrest in a public place in the UK?

Cardiac arrest can affect anyone, even children - speedy defibrillation saves lives!

Young people are at risk to Cardiac Arrest as their hearts are still growing and developing strength.

They are also susceptible to Cardiac Arrest following a sharp blow to the chest, this can happen during sports.

The only definitive treatment for a victim of Cardiac Arrest is effective CPR and early defibrillation, which must be administered within 3-5 minutes following collapse, **this boosts survival chances from 6% to 74%.**

We are raising funds to purchase a defibrillator for our school & local community.

We would hope that there would never be any cause to use it, however, just knowing it was there would bring huge peace of mind - not only to our staff, but also to parents and members of the surrounding community; it would also be registered with the local ambulance service.

The **life saving** equipment would be placed in an easy to reach location outside of the school. It would be fully automatic (no specific training would be needed to use it as the machine itself does most of the work).

WE NEED YOUR HELP!

We are trying to raise £2500 - this will fund the equipment and initial training.

Any donations we receive, no matter how small, will make a huge difference!

For more information or to make a donation, visit:

www.crowdfunder.co.uk/poltair-school-and-community-defibrillator

First Aid

At Poltair, First Aid trained staff are available to deal with Emergency and non-emergency First Aid when required. Emergency First Aid is our priority in all situations. Coughs, colds and minor ailments are not deemed emergency first aid situations unless relevant supplementary information is available to us, so where necessary we do ask pupils to remain in lesson to be monitored by teaching staff.

If symptoms persist and are making it difficult for the pupil to remain in school then a parent can be contacted by a First Aider.

We ask that pupils do not contact parents directly if feeling unwell in school.

Our Principal First Aider Mrs Cove can support pupils with ongoing medical needs in school, this includes working with parents and health care professionals in the preparation and review of Health Care Plans for pupils with more serious medical conditions.

We ask parents/carers to keep us informed of any new medical diagnosis that might impact on their child in school or changes to conditions/treatments that we need to be aware of.

Medicines in School

- Medicines will only be administered at school when it would be detrimental to a student's health not to do so.
- The School will store and dispense medication to students as long as it is **prescription medication** which has been prescribed by a medical practitioner; with written instructions for its use. Prescription medication brought into School must be clearly labelled with the student's name, dosage, method of administration and be in-date. A written parental consent form must be completed.
- In rare circumstances the School **may** dispense non-prescription medication which has been supplied by the parent/guardian with written instructions for its use (written parental consent must have been given).
- The School does not keep or dispense any other medication (other than salbutamol for use with the emergency asthma kit).

Poltair School

Inspiring our pupils to *Believe & Achieve*